

OBEROI EXPERIENCES



Located a comfortable fifteen kilometres from the capital, Port Louis, The Oberoi Beach Resort, Mauritius sits amidst twenty acres of lush, sub-tropical garden, and enjoys an unrivalled position on the shores of Turtle Bay – a natural marine park with a vibrant coral reef. The hotel has access to six hundred metres of combed, white sand beaches, which are blessed with views of magnificent sunsets, every day.

The Oberoi Beach Resort, Mauritius offers a unique daily programme of complimentary, culinary, artistic and spiritual activities designed to make a stay with us, a truly unforgettable experience.

• Please note, all prices are subject to change without prior notice



De-stress the mind and heal the body by reconnecting the physical and the emotional on a higher level through a sensorial journey. Experience an Ostrich egg and feather ritual, an aromatherapy massage, a glowing facial and meditation with African sound therapy. An experience for all five senses.

2 | Renewal of Vows



Guests can celebrate their wedding anniversary with a Renewal of Vows experience at our private beach cove. After a hair and make-up session at our luxury salon, there will be an intimate ceremony where guests can read their own vows to the one they love. This is followed by a sunset photoshoot and concluded with a romantic, candlelit dinner on the beach.

Duration: 2 hours Price: EURO 180 per person

Including all taxes

Starting from 4.30pm (includes a 30 minute ceremony). Minimum 48 hours advance booking required.

Starting from: EUR 800 (includes hair, make-up, flowers and decorations, photoshoot, photo album and a commemorative DVD) Candlelit dinner: EUR 250 Including all taxes Candlelit Dinner on the Beach



Guests can enjoy an inimitably romantic candlelit dinner on the white sands of Turtle Bay. Caressed by the glowing sunset and melodious with the sound of lapping waves, couples can savour international delicacies from our restaurant cartes, or dishes designed by our masterchefs especially for the occasion.

4 Bubbles and Bliss



Guests can treat the one they love to a romantic bathing experience accompanied by a bottle of Champagne in their private, sunken bathtub. A personal butler will draw the bath to perfection, adorn the bathroom with candles, set the music to suit the mood and leave guests to enjoy the romance.

Price: EURO 250 for two Beverages at extra charge

Including all taxes

5

Champagne on the Beach



Couples can start the day with a Champagne breakfast on the beach, caressed by the gentle morning sun while listening to the sound of the waves lapping the shore, or end the perfect day with a bottle of Champagne and handcrafted canapés, while watching the sun set over Turtle Bay. An unforgettably romantic experience for couples, honeymooners, newlyweds and those wishing to celebrate many years of happily married life.

Prices (including all taxes): EUR 235, includes a bottle of Moet & Chandon Brut EUR 125, includes a bottle of sparkling wine EUR 40, without alcohol

6 Private Dinner in the Gunpowder Room



The Gunpowder Room is a national monument that dates back to 18th century French colonial times. Carefully restored to its former glory, the gunpowder room now hosts intimate, ambient dining experiences for couples. Served by a private butler, guests can savour the vibrant flavours of traditional Creole dishes, specially-curated by our masterchefs and accompanied by our homemade rum.

This experience is available on Saturday and Sunday evenings.

Champagne breakfast priced at: EUR 270, includes a bottle of Moet & Chandon Brut EUR 175, includes a bottle of sparkling wine

Champagne sunset priced at: EUR 190, includes a bottle of Moet & Chandon Brut EUR 100, includes a bottle of sparkling wine

Including all taxes

Price: EUR 185 excluding beverages

Including all taxes

7 Scuba Diving



Rich in colourful marine life, untouched coral reefs and even boasting a shark pit in the more distant open waters, Turtle Bay and the surrounding Indian Ocean are an excellent setting for an unforgettable scuba diving experience. The Oberoi Beach Resort, Mauritius is associated with a nearby, certified PADI dive centre, at which guests can do basic, advanced, adventure and rescue dive courses. We also offer a range of sea dives, night dives, private dives, underwater photography and dive safari trips.

Note: All dives are supervised by a certified PADI dive master.

8 Parasailing



Parasailing is the thrilling experience of being towed by a motor boat and gliding through the air wearing an open parachute. Starting from our private boat house on the shores of Turtle Bay, guests can enjoy bird's eye views of our luxury resort and sub-tropical gardens, the tranquil waters of Turtle Bay, Port Louis and Grand Baie, from the air.

Prices range from EUR 20 to EUR 875. Please contact the hotel for further information.

Duration: 30 minutes (includes 15 minutes air time) Price: EUR 50 (including all taxes)

COMPLIMENTARY EXPERIENCES

Note: Timings are subject to change. Please contact the hotel for more information



The Oberoi Beach Resort, Mauritius has a private boat house located directly on the beach in front of the hotel. From here, guests can experience a range of exciting water sports on the azure waters of Turtle Bay, with our compliments. These include:

Glass bottom boat rides Hobbie cat sailing Sea kayaking Water skiing (tide depending) Wind surfing (tide depending) Pedalo boating Snorkelling trips to the marine park

Note: Please contact the hotel for the water sports schedule. All activities are supervised by a team of professionals.

10 | Breathing Exercises



We invite our guests to start their day with a session of gentle breathing exercises to expand the lungs, increase oxygen intake, heighten energy levels and improve concentration and feelings of well-being throughout the day. Our dedicated wellness instructor will provide tips for improving breathing and its benefits for a healthy lifestyle.

Timings: Every Monday and Thursday 8.30am – 9.15am Complimentary

11 | Hatha Yoga



Led by our professional wellness instructor, guests will learn a series of 'asanas' (yoga postures) to improve flexibility, strength, elongate the muscles and enhance the flow of energy around the body.

12 | Wine Tasting



Weekly wine tasting sessions are held in our charming Gunpowder Room, a recognised national monument that dates back to French colonial times. In this rustic setting amongst antique wine barrels, guests can embark on a unique wine journey, punctuated with entertaining stories from our in-house sommelier.

Timings: Every Monday 5pm – 6pm, Wednesday and Saturday 8.30am – 9.15am

Timings: Every Monday 4.30pm - 5.30pm



We invite guests to enjoy a gentle evening walk led by our wellness instructor, through the verdant sugarcane fields bordering our hotel grounds. Stroll along well-kept pathways, enjoy the warm evening air and fragrant fields, before sitting down to dinner at one of our exquisite fine dining spaces. 14 | Stretching



Guests can start the day with a gentle aerobic stretch to tone, firm and loosen the muscles. Our dedicated wellness instructor will provide expert guidance to guests of all ages and ability, and tips for a healthy lifestyle. We recommend guests follow the stretching session with a relaxing spa therapy.

15 | Body Toning Workout



Energetic guests will enjoy this high powered aerobic workout to tone and firm the muscles, increase oxygen intake and heighten feelings of well-being throughout the day. We recommend guests follow the body toning workout with a relaxing spa therapy.

Note: Please contact our wellness instructor before joining the Body Toning Workout

Note: Timings are subject to change. Please contact our wellness instructor before joining the Body Toning Workout.

16 | Sculpture Class



We invite guests to visit the residence of a local sculptor. His delightful gallery is filled with original clay, bronze and stone sculptures. In his workshop, under his expert guidance, guests can try their hand at making clay models of their own to take home as souvenirs of their stay in Mauritius.

Timings: Every Tuesday and Friday 11am – 12pm and select Sundays 8.30am – 9.15am

Timings: Every Tuesday 11am - 1pm

18 | Star Gazing



Star gazing sessions are held on the warm sandy beach on Tuesday evenings. A delightful way to end the day guests will be amazed at the clear night skies over Mauritius and delight in the visibility of countless planets and constellations, including Jupiter, Saturn, the Moon, Orion, the Great Bear and the North Star.

Note: Timings and visibility of different constellations and planets is seasonal and weather permitting. Please contact the hotel for more information.

Timings: Every Tuesday and Friday $3.30\,\mathrm{pm}-4.30\,\mathrm{pm}$ and $5\,\mathrm{pm}-6\,\mathrm{pm},$ and select Sundays $8.30\,\mathrm{am}-9.15\,\mathrm{am}$

Timings: Every Tuesday 9.30pm - 10.30pm





We offer two forms of the ancient art of Tai Chi. Short form helps relieve arthritis and musculoskeletal pains, while long form (yang style) improves breathing, circulation and general wellbeing. Led by a professional instructor, guests can discover the benefits of these proven Chinese therapies in a gentle hour-long class on our verdant lawns, or in the calming ambience of our yoga pavilion.

19 Relaxation Technique



Sharasana is an ancient yogic method used to relax the whole body and mind. It fosters a profound sense of calmness and promotes deep, sound sleep. Our professional instructor will guide guests through this holistic sixty one point relaxation experience and provide simple tips for good breathing that can have countless health and stress relieving benefits.

20 | Hindu Ceremony



Guests are invited to participate in a Hindu blessing ceremony at a local village temple. Guided by a traditional priest, guests can learn about Mauritians' profound spirituality and experience some of the rituals they practice as a part of their devout religious belief.

Timings: Every Wednesday 3.30pm – 4.30pm

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The island of Mauritius has a long history of sugar cane farming and consequently, rum making. The processes specific to Mauritius involves age-old artisanal techniques of grinding and pulping ripe tropical fruits and local spices, followed by a lengthy fermentation process. With a guided rum session at The Oberoi Beach Resort, Mauritius, guests are invited to try adding their own flavours to local rums using a variety of local ingredients including fragrant vanilla, rosy pink peppercorns, golden honey, passion fruit, ginger and lemongrass.





An intricate painting style typically used to decorate one's hands and feet for weddings and festive celebrations, henna painting is a traditional practice linked to Mauritius' Hindu spiritual beliefs. After choosing a design, guests can sit back, relax and marvel at the skilled work of the professional local artist as they create elaborate, temporary patterns on your skin.

Notes: Henna painting is non-allergenic. It can stain the skin for up to two weeks.

Timings: Every Wednesday 4.30pm-5.30pm

Timings: Every Thursday 11am - 1pm

23 | Meditation



We invite guests to spend an hour simply sitting, breathing and clearing their minds in meditation. Our professional instructor will demonstrate basic 'aum' chanting techniques that will ground the body, calm the mind and generate positive energy vibrations to improve health, reduce stress and promote overall wellness. 24 Visit to a Bespoke Silversmith



Patrick Mavros is a uniquely African and distinctively exotic, luxury brand that marries intricate craftsmanship with intrepid designs. Take a tour of this luxury boutique and workshop, and discover silver jewellery, accessories and hallmark pieces over a cup of freshly brewed island tea.

Timings: Every Thursday 5pm – 6pm

Timings: Every Friday 11.00a.m. to 12.00p.m. Price: Complimentary. Jewellery as priced.



Artistic guests will delight in this opportunity to try their hand at creating an oil or watercolour painting inspired by the beautiful Mauritian landscape. Guided by a local artist in our al fresco beach pavilion, guests will learn simple techniques and create their own canvas that they can take home.



Guests of all ages and abilities are welcome to join our wellness instructor on a brisk evening jog along the beach or through the sugarcane fields near our hotel. A refreshing way to unwind at the end the day on the magnificent island of Mauritius.

Note: Timings are subject to change. Please consult our wellness instructor before joining the morning jog

Timings: Every Friday 9.30am - 10.30am

Timings: Every Friday 5pm – 6pm and every Wednesday 8.30am – 9.15am

27 | Cooking Class

Secreted in a secluded corner of the hotel's vast landscaped gardens, our herb garden is rich with aromatic culinary and medicinal plants. On the large wooden bench here, guests can enjoy an al fresco cooking session led by one of our masterchefs, as he reveals the secrets behind some traditional Mauritian delicacies.

28 | Nature Walk



Guests will be thoroughly entertained by this quirky guided walk around our 24 acre, sub tropical gardens. Learn the secrets behind the cheeky names given to the local plants, prepare to be awed by our 300 year old Banyan trees and discover some of the 200 species of plant and animal that have made The Oberoi Beach Resort, Mauritius their home.

Timings: Every Saturday 12pm - 1pm, followed by complimentary lunch

Timings: Every Sunday 10.30am – 12.30pm, followed by complimentary cocktails in The Gunpowder Room

29 The Hub, Kids' Club



Our supervised kids' club: The Hub, offers a range of fun games and activities for children between the ages of 4 to 12 years.

Our on-site facilities include indoor table top football, table tennis, Wii, Playstation and board games. We also have an outdoor play area with a mini bowling alley, slides, a swing and a tree house.

Daily activities range from feeding the hotel's koi fish to taking a glass bottom boat ride, snorkelling and banana boat riding. We also arrange a supervised visit to the aquarium at Point aux Piments, star gazing, henna tattoos and cooking lessons, once a week, and movie mornings, every day.

Guests can rest assured that while they are relaxing by the pool, scuba diving or refreshing with a spa treatment, their little ones are having the time of their lives, making friends and happy memories at The Hub at The Oberoi Beach Resort, Mauritius.